

# EXE REGATTA 2019 - June 8/9th

## SAILING INSTRUCTIONS

### Monohull Dinghy Racing

Organising Authority: Starcross Yacht Club

*Please note there are separate sailing instructions for the other regatta racing events available on the regatta website [[www.river-exe-regatta.org.uk](http://www.river-exe-regatta.org.uk)]*

#### TIDES:

Saturday 8<sup>th</sup> June: High water 3.5m at 11:05hrs BST. Low Water 17:45

Sunday 9th June: High water 3.3m at 11:55 hrs BST. Low Water 21:42

#### OVERVIEW

Racing on both days will be held in the Exe estuary. The racing will take place in the area bounded approximately by Powderham Point, Lypstone, Red Navigation Buoy 18 and Red Navigation Buoy 20. The actual courses will depend on the wind and tidal conditions on the day.

All racing will be started using a Committee Boat line. All Races will use a Committee Boat start, a course defined by these Sailing Instructions and a finish on the Starcross Yacht Club line between the SYC flagpole and No. 29 (green) buoy.

On completion of the first race on each day, competitors shall return to the Committee Boat area ready for the second race, which will be started as soon as practicable after completion of the first race.

On each day there will be 3 separate starts in the following order:

1. Fast Handicap (boats with a Portsmouth Yardstick number (PN) between 790 and 1039)
2. Hornets (SW Open Meeting as part of the Regatta)
3. Slow Handicap (boats with a PN between 1040 and 1390)

For Races 1, 2 and 3, a course will be laid as set out in Sections 8 - 10 of these Sailing Instructions. For Race 4 (Sunday) a longer course will be set using a combination of the navigation channel marks and Starcross Yacht Club marks. See Sections 16 - 19 of these Sailing Instructions for details.

## **1. RULES**

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2017 -2020*, the Portsmouth Yardstick handicap system, the prescriptions of the national authority, the rules of each class and these sailing instructions.
- 1.2. Competitors should note that Starcross Yacht Club implements the RYA Racing Charter and that they will be expected to sail in compliance with it. The Charter can be found at the front of the RYA edition of the Racing Rules of Sailing 2017-2020 , or on the RYA website at [www.rya.org.uk/racing](http://www.rya.org.uk/racing) rules.
- 1.3. Competitors shall complete the online entry form linked from the Exe Regatta website by midnight on Thursday 6<sup>th</sup> June in order to be eligible to race.
- 1.4. All sailors under the age of 18 on the first day of the event (June 8<sup>th</sup>) must submit to Starcross YC a completed declaration of consent form (includes personal & medical, media/images and emergency contact info) signed by the sailor's parent/guardian. The form must be received by the Race Office at Starcross Sailing Club at least one hour before the scheduled warning signal of the first race in which they are participating.

## **2. NOTICES TO COMPETITORS**

- 2.1. Notices will be posted on the regatta website up until 2200 hrs on the day before it will take effect. Website location: <http://www.river-exe-regatta.org.uk/dinghy-monohull-entrance>
- 2.2. Notices to competitors will also be posted on the official notice board located at Starcross YC.

## **3. CHANGES TO SAILING INSTRUCTIONS**

- 3.1. Any change to the Sailing Instructions (SIs) will be posted no less than two hours before the scheduled start time of the race or races concerned, except that any change to the planned schedule of races will be posted by 2200 hrs on the day before it will take effect.
- 3.2. Changes in the Sailing Instructions will be signalled by displaying flag "L" from the Starcross YC flagpole. Flag "L" will be lowered after the relevant racing has commenced.

## **4. SIGNALS MADE ASHORE AT STARCROSS YC**

- 4.1. Signals made ashore will be displayed on the Starcross YC flagpole.
- 4.2. When flag AP is displayed ashore '1 minute', in 'Race Signals' is replaced with 'not less than 15 minutes'. This changes the meaning of AP in RRS Race Signals.

## 5. SCHEDULE OF RACES

5.1. The following races are scheduled.

date	race	preparatory signal	class
Saturday 8th June	Race 1	10.25 On Fast Handicap start (10:30) On Hornet start (10:35)	Fast Handicap (Numeral 1) Hornet (Numeral 2) Slow Handicap (Numeral 3)
	Race 2	<i>as soon as possible after the completion of race 1</i>	
Sunday 9th June	Race 3	10.55 On Fast Handicap start (11:00) On Hornet start (11:05)	Fast Handicap (Numeral 1) Hornet (Numeral 2) Slow Handicap (Numeral 3)
	Race 4	<i>as soon as possible after the completion of race 3</i>  <i>NOTE: A longer course will be set for this Race</i>	

5.2. In the event of a general recall for any fleet, that fleet will then be restarted at the end of the sequence.

## 6. RACING AREAS

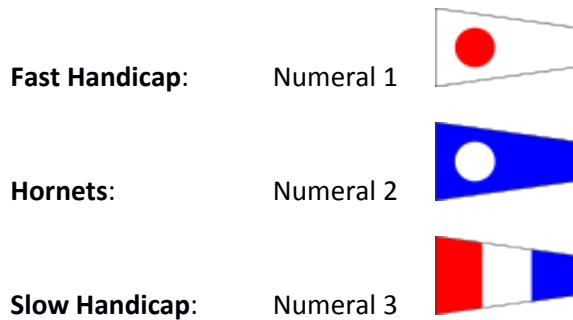
6.1. The racing will take place in the area bounded approximately by Powderham Point, Lymptone, Red Navigation Buoy 18 and Red Navigation Buoy 20. Distinctive marks will be used for each course - see Sections 9 and 16.

6.2. All courses will be started using Committee Boat "Helgor" flying an orange flag when it is on station.:

## 7. FLEETS AND CLASS FLAGS

7.1. Boats will be divided into three fleets - Fast Handicap, Hornets and Slow Handicap. The allocation of classes to the Fast and Slow Handicap fleets will be based on their RYA allocated PN number for 2021. Classes with a PN number between 790 and 1039 inclusive will race in the Fast Handicap fleet and classes with a PN between 1040 and 1390 will race in the Slow Handicap fleet. Boats in the Hornet class will have a separate start.

7.2. The Class flags for each fleet will be as follows:



7.3. The Hornet start sequence will commence at the Fast Handicap start signal. The Slow Handicap start sequence will commence at the Hornet start signal.

### 8. THE COURSE - RACES 1, 2 and 3 only

8.1. The courses for Races 1, 2 and 3 will be selected from those shown in Appendix A.

8.2. The course selection (e.g. "T"), and the number of laps to be sailed will be displayed on a board on the side of the committee boat.

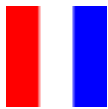
8.3. The displayed course will also be followed by the mark rounding side - 'P' for port handed courses and 'S' for starboard handed courses.

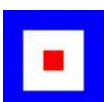
8.4 Three turning marks will be laid for the course to provide windward, leeward and wing (or spreader) marks. The same course shall be used for the Fast Handicap and the Hornet fleet. A separate windward mark will be laid for the Slow Handicap Class, to give a shorter beat for this class only. All other marks for the Slow Handicap fleet shall be the same as for the other fleets.


8.5. The compass bearing of the first leg will not be displayed.

8.6 Boats shall complete the number of laps of the course as displayed on the Committee Boat. After completion of the number of laps indicated boats shall then round or pass Mark 1 (usually the windward mark) then proceed directly to the finish on the SYC Club line i.e. ignoring all marks after Mark 1.

8.7 The start line will be positioned about one third of the way up the windward leg. Courses will be set as follows, and signalled by the flying of the appropriate flag. Note, the course may be varied between starts:

<b>Course T – Triangular Course</b>	
	Mark 1 - Windward mark Mark 2 - Wing (gybe) mark Mark 3 - Leeward mark
Round 1 from start; Mark 1; Mark 2; Mark 3; start line; repeat for number of laps, <b>then Mark 1, direct to finish on SYC Club line</b>	

<b>Course W – Windward Leeward Course</b>	
Flag W: 	Mark 1 - Windward mark Mark 2 - Spreader mark (near Windward mark) Mark 3 - Leeward mark
Round 1 from start; Mark1; Mark 2; Mark 3; start line; repeat for number of laps, <b>then Mark 1, direct to finish on SYC Club line</b>	

<b>Course O – Triangle / Sausage Course</b>	
Flag O: 	Mark 1 - Windward mark Mark 2 - Wing (gybe) mark Mark 3 - Leeward mark
Round 1 from start; Mark 1; Mark 2; Mark 3; start line; then round 2; Mark 1; Mark 3; start line; repeat mark sequence for number of laps, start line, <b>then Mark 1, direct to finish on SYC Club line</b>	

**8.8 All Fleets:** Boats **MUST** pass through the start line on each upwind leg of the race and **MUST NOT** pass through the start line on any other leg of the course. **Any boat that fails to comply with either of these requirements will be disqualified without a hearing – this changes rule 63.1.**

## 9. MARKS - RACES 1, 2 and 3 only

9.1. For the Fast Handicap and Hornet course, the course marks will be orange cylindrical inflatable buoys with black bands.

9.2. For the Slow Handicap fleet, the Windward mark will be an orange cylindrical buoy. The wing and leeward marks for the Slow Handicap fleet will be the same as for the other classes.

9.3 If the Windward/Leeward course is selected, a spreader mark will be laid near the windward mark. This spreader mark will be the same as the windward mark.

9.4 For all fleets, the pin end of the start will be a orange cylindrical buoy with no band.

## 10. THE START - RACES 1, 2 and 3 only

10.1. All four races will be started in accordance with RRS rule 26. (Start sequence 5 - 4 -1 - Start). The start signal for the first two starts will be the preparatory signal for the next start. The start line will be between the mast of the Committee Boat and the outer distance mark (plain orange cylinder).

10.2. In the event of a general recall for any fleet, that fleet will then be restarted at the end of the sequence. A new preparatory signal for the recalled fleet will be made as soon as practicable after the last fleet start.

10.3. In the event of a general recall, it is likely that the PRO will use a Black Flag start for subsequent starts in accordance with Rule 30.4.

10.4. A boat starting later than 10 minutes after her starting signal will be scored 'Did Not Start' without a hearing. This changes RRS A4 and A5.

## **11. CHANGE OF NEXT LEG OF THE COURSE**

11.1. The race committee may move any mark up to 100m without signalling the change. This changes rule 33.

11.2. For more significant course changes Flag C will be flown from the Committee Boat and safety boats will advise competitors verbally at the preceding mark of the course.

## **12. SHORTENING COURSES - RACES 1, 2 and 3 only**

12.1. For courses that are shortened when the Committee Boat is in its normal position and flying flag S, the leading boat shall cross the Start line, proceed to round Mark 1 and then to the SYC Club finish line. On completing the same number of laps as the leading boat, all other boats in that fleet should proceed to the finish line in the same way. This changes RRS 32.2.

12.2. At any other mark of the course the race may be shortened in accordance with RRS.

## **13. THE FINISH - RACES 1, 2 and 3 only**

13.1. The finish line for all classes will be between Navigation Mark 29 (Green) and the mast of the SYC racebox (the SYC Club Line). On completing the set number of laps (or the shortened number of laps, all boats shall sail to Mark 1 and then to the finish line and pass through it from the direction of Mark 1.

## **14. PENALTY SYSTEM**

14.1. When the Race Committee observes a boat failing to sail the correct course, the boat so observed will be disqualified without a hearing. This changes RRS 63.1 and A5.

## **15. TIME LIMITS AND TARGET TIMES**

15.1. For Races 1, 2 and 3: the time limit for the first boat to finish in each fleet shall be 90 minutes. The remaining boats in each fleet must finish within 30 minutes of the leading boat . The target finish time for the first boat is 60 minutes.

15.2. For Race 4: The time limit for the first boat to finish in each fleet shall be 120 minutes. The remaining boats in each fleet must finish within 45 minutes of the leading boat . The target finish time for the first boat is 90 minutes.

## **16. THE START - RACE 4 only**

16.1 Race 4 will be a longer-distance race and will be started in accordance with RRS rule 26. (Start sequence 5 - 4 -1 - Start). The start signal for the first two starts will be the preparatory signal for the next start.. The start line will be between the mast of the Committee Boat and the outer distance mark (plain orange cylinder). This line shall be used for the start only - the subsequent course to be sailed shall be as described in Section 17.

16.2 The rules for a general recall, Black Flag re-start and late starts shall be the same as set out in Section 10 of these Sailing Instructions.

## **17. THE COURSE - RACE 4 only**

17.1 The course will use a combination of the Exe channel navigation marks and SYC marks. The course to be sailed for Race 4 will be displayed on the course board on the SYC Race Box at the conclusion of Race 3. The code for the various marks, and the approximate position of each mark, shall be as set out in Appendix B to these Sailing Instructions. (e.g. BA = Bank mark, 31 = No.31 channel mark).

17.2 The rounding direction of each mark shall be indicated by the background colour to the mark board on the Race Box. A RED background indicates that the relevant mark shall be left to PORT and a GREEN background indicates the mark shall be left to STARBOARD. (E.g. 31 on a red background indicates No.31 channel mark to be left to Port).

17.3 If a channel navigation buoy is used as a mark of the course, the colour of the actual buoy is not relevant - the rounding direction shall be as displayed on the course board.

17.4 The TOP row on the Race Box indicates the course for the Fast Handicap and Hornet classes. The SECOND row on the Race Box indicates the course for the Slow Handicap class only.

17.5 The number of laps to be sailed for each class will be indicated on the course board e.g. 3 = 3 laps to be sailed. Passing through the SYC Club Line signifies completion of each lap, including Lap 1.

17.6 After noting the course for Race 4, boats shall return to the Committee Boat ready for the start of Race 4.

17.7 The SYC Club Line between the Race Box and No.29 navigation (Green) buoy will be the Finish line and will be indicated by a 29 (Green) or 29 (Red) course board. All boats must pass through this line on each lap. Any boat that fails to do so will be disqualified without a hearing (this changes Rule RRS 61.3 and A5).

## **18. MARKS - RACE 4 only**

18.1. For all classes, any Exe Estuary navigation buoy in the area bounded by Buoy 18 and Buoy 20 may be used as a mark of the course. The buoy(s) to be used as marks will be indicated on the SYC course board e.g. 31 on red background indicates Buoy No. 31 to be left to port.

18.2 For the Fast Handicap and Hornet course, the navigation buoy marks will be supplemented by SYC course marks. These will be orange cylindrical inflatable buoys with black bands.

18.3. For the Slow Handicap fleet, the navigation buoy marks will be supplemented by SYC course marks. These will be plain orange inflatable buoys with no band.

18.4 For all fleets, the pin end of the start will be an orange inflatable cylindrical buoy with no band.

## **19. THE FINISH - RACE 4 only**

19.1 On completion of the number of laps to be sailed, a short sound signal will be made as each boat passes through the SYC Club Line.

19.2 If it is necessary to shorten the number of laps to be sailed, this will be signalled with two sound signals from the Starcross Race Box, an orange flashing beacon and the relevant fleet flag(s) as the leading boat approaches the Finish Line.

## **20. PROTESTS AND REQUESTS FOR REDRESS**

20.1 Protest forms may be obtained from the race office at Starcross YC.

20.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day, on that course. This time limit may be extended by the Race Committee if appropriate.

20.3 Notices will be posted no later than 15 minutes after the expiry of the protest time limit to inform competitors of hearings in which they are parties to, or named as, witnesses.

20.4 A competitor's request for reopening a hearing shall be delivered no later than 15 minutes after the party requesting reopening was informed of the protest committee's decision on that day. This changes RRS 66.

20.5 Hearings will be held in the "Members Room" at Starcross YC as soon as possible after notices are displayed.

## **21. SCORING**

21.1. The Low Point Scoring System as set out in RRS, Appendix A will apply with points accruing to the helm registered at entry not to the boat.

21.2. One race is required to be completed to constitute a series and if three or more races are sailed, one race may be discarded.

21.3. To request correction of an alleged error in posted race or series results, a boat may make an enquiry of the Race Committee in writing or in person. If a request for correction is rejected, the 60 minute time limit for requesting redress, in writing/on a protest form, for the alleged error, will run from the time that the rejection is advised to the competitor.

## **22. SAFETY REGULATIONS**



22.1 All competitors shall Sign Out before going afloat from their host club. They shall also Sign In within 30 minutes of landing at their host club after racing.

22.2 Personal flotation devices shall be worn at all times by all crew members whilst afloat. Life jackets without permanent buoyancy shall be suitably inflated. Wet or dry suits are not adequate personal buoyancy. This changes Rule 40 and the preamble to Part 4 of the RRS.

22.3 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.

22.4 A boat that retires or does not start shall notify an official boat as soon as possible and shall not return to shore without the express permission of that safety boat.

22.5 If necessary, for safety reasons, boats may be secured and the helm and crew taken aboard a committee or other designated boat until such time as they/their boat can be returned to shore.

22.6 Code flag L: when displayed afloat this means 'come within hailing distance or follow this boat'. When Code Flag L is displayed on the Committee Boat accompanied by a single sound signal, competitors shall complete their race and proceed to the leeward side of the committee boat and follow instructions given. Instructions may be verbal or written on a board. When displayed ashore this means 'a notice to competitors has been posted'.

## **23. EQUIPMENT AND MEASUREMENT CHECKS**

23.1. A boat or equipment may be inspected at any time for compliance with the class rules, sailing instructions and safety.

## **24. EVENT ADVERTISING**

24.1. Boats may be required to display event advertising.

## **25. OFFICIAL BOATS**

25.1. All patrol boats assisting with the safety of the event will display a 'Patrol' flag of black lettering on an orange background. Other official boats such as the photographer and VIP launches will not display such a flag.

## **26. LITTER DISPOSAL**

26.1. Litter may be placed aboard patrol or official boats.

## **27. RADIO COMMUNICATION**

27.1. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## **28. PRIZES**

28.1. Prizes for the Fast Handicap fleet will be awarded to helm and crew for first, second and third overall in the series. In addition there will be prizes for the first helm and first crew under 16 years of age on the day of the event.

28.2. Prizes for the Hornet fleet will be awarded to helm and crew for first, second and third overall in the series

28.3. Prizes for the Slow Handicap fleet will be awarded to helm and crew for first, second and third overall in the Series. In addition there will be prizes for the first helm and first crew under 16 years of age on the day of the event.

28.4. The Prize Giving will take place at Lympstone Sailing Club on Sunday 9th at 16:00 hrs - subject to any protest hearings having been completed.

## **29. DISCLAIMER OF LIABILITY**

29.1. Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **30. INSURANCE**

30.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 or the equivalent.

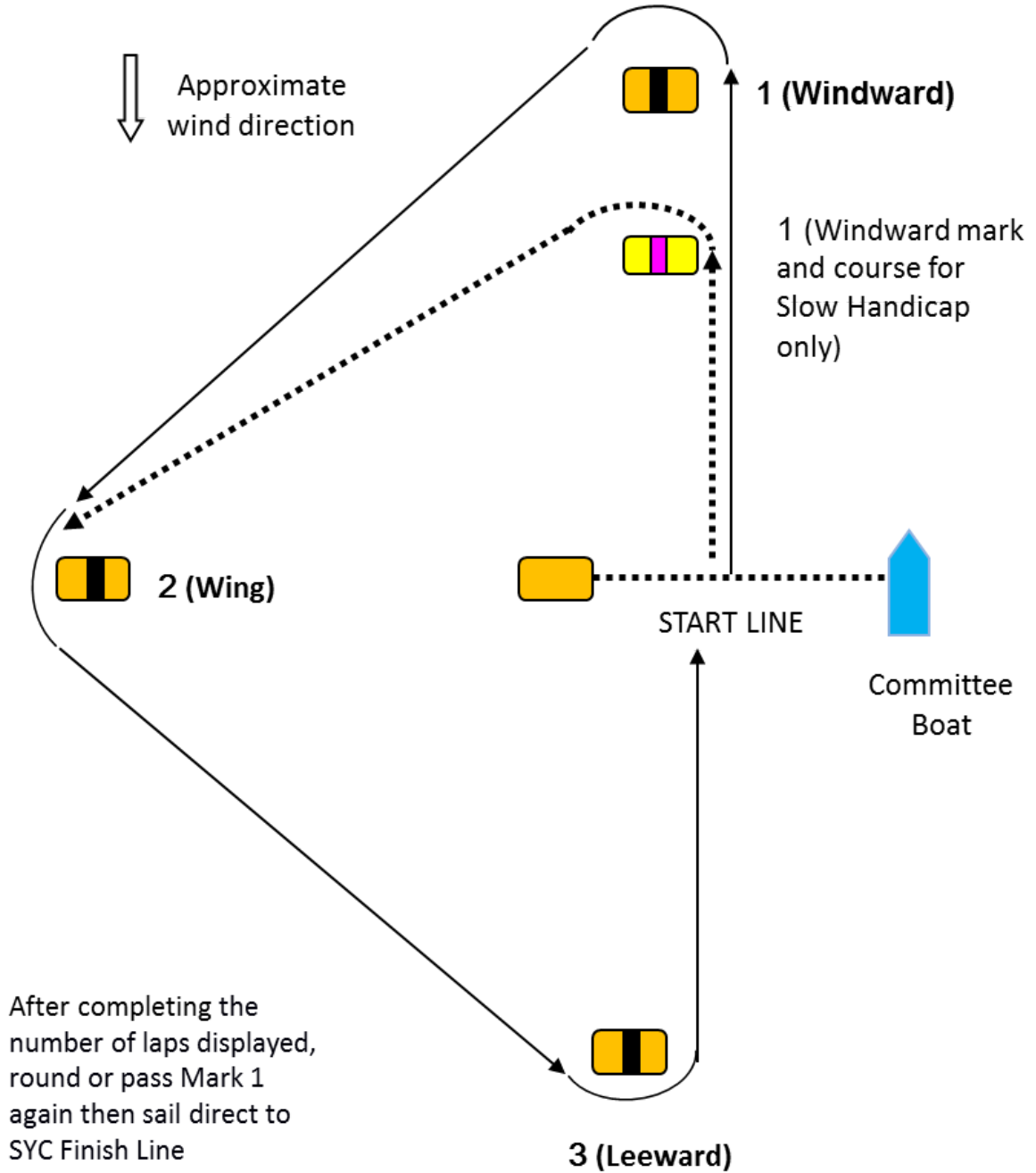
## **31. RIGHTS TO USE NAMES & LIKENESSES.**

31.1. Competitors and / or their Guardians (unless explicitly not granted on the consent form) automatically grant to the organising Authority (and any party to which they may delegate this right), without payment the right in perpetuity to make, use and show (including via the internet), any motion pictures, still pictures, live, taped or filmed television, or any other form of media, of or relating to the event.

# Appendix A: Course Diagrams – Dinghies

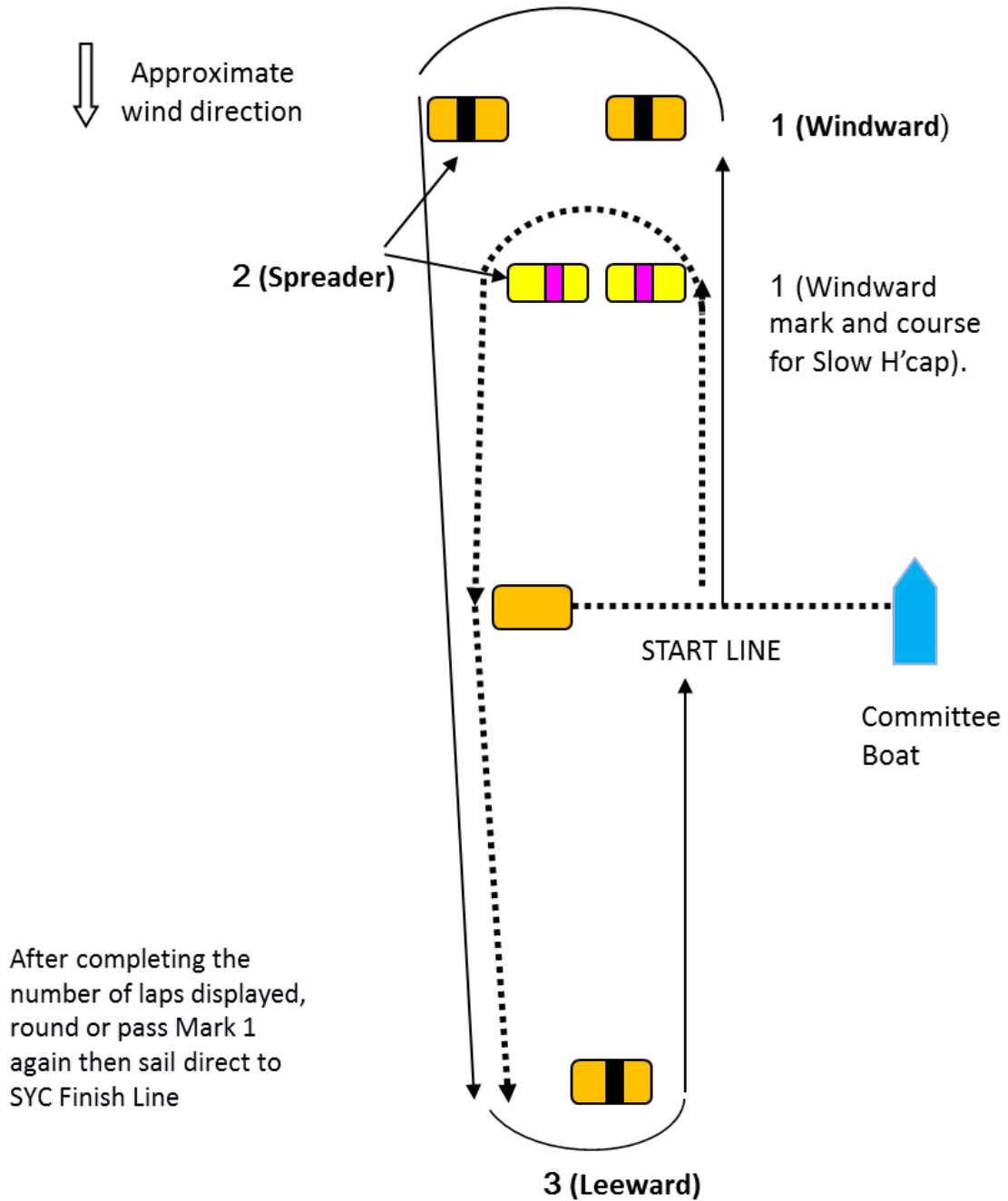
## Course T – Triangle

(Port Hand Course shown – reverse for Starboard hand)



# Course W – Windward-Leeward

(Port Hand Course shown – reverse for Starboard hand)



# Course O – Triangle/Sausage

(Port Hand Course shown – reverse for Starboard hand)

