

EXE REGATTA 2019 - June 8/9th

SAILING INSTRUCTIONS

Multihull Racing

Hurricanes (5.9 & 5.9 SX) Division & Dart 18 Division

TIDES @ EXMOUTH DOCK

Saturday 8th: High water 3.5m at 11:00 hrs. Low water 0.7m at 17:45 hrs.

Sunday 9th: High water 3.2m at 11:53 hrs. Low water 0.8m at 18:42 hrs.

1. RULES

1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2017-2020*, the Portsmouth Yardstick handicap system, the prescriptions of the national authority, the rules of each class and these sailing instructions.

Starcross Yacht Club (SYC) implements the RYA Racing Charter. The Charter can be found at the front of the RYA edition of the Racing Rules of Sailing 2017-2020 (the yellow pages after the definitions), or on the RYA website at www.rya.org.uk/racing rules.

1.2 Competitors shall have completed their entry by **midnight** on Thursday 6th June 2019 to be eligible to race.

1.3 All sailors under 18 on 8th June 2019 shall submit a completed, signed Parent/Guardian, declaration of consent form at entry.

1.4 Racing Rules will be changed as follows:

RRS 40: Adequate personal buoyancy shall be worn by all competitors whilst afloat or on the foreshore near the water. Flag Y will not be flown. Wet or dry suits are not adequate personal buoyancy. This changes RRS 40 and the preamble to Part 4.

2. NOTICES TO COMPETITORS

2.1. Notices to competitors will be posted on the Official Notice Board located outside the Club House, at Starcross Yacht Club. Copies of notices posted may also be posted online on the Exe Regatta website.

3. CHANGES TO SAILING INSTRUCTIONS

3.1. Any change to the Sailing Instructions (SIs) will be posted two hours before the scheduled start time of the race or races concerned, except that any change to the planned schedule of races will be posted by 2200hrs on the day before it will take effect.

3.3. Oral changes to these sailing instructions, may be made afloat. If so, Code Flag L will be displayed on the Committee Vessel to alert competitors.

Code Flag 'L'



Competitors on seeing 'L' displayed shall come to starboard side of Committee Vessel within hailing distance. They will sail their boat in a controlled manner to receive and confirm understanding of the new instruction. A display board may be used to support the verbal instruction.

Any new instructions, will be given before the warning signal of the next scheduled race **or** after the final race, before the fleet leaves the race area for the Safe Water Mark (SWM).

4. SIGNALS MADE ASHORE AT SYC

4.1. Signals made ashore will be displayed on the flagpole by the race box.

4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 40 minutes', in the race signal AP.

5. SCHEDULE

5.1 At 08:45 hrs a competitors briefing for **all** multihull helms and crew will be held at the top of the usual Multihull launch slipway (northern slip) at SYC.

(Briefing will be delivered by the Race Officer or delegated to a member of the Regatta Race Committee if the RO is at sea reviewing conditions at that time)

5.2 Launch time: the Beach Master will say when boats may launch.

5.3 Racing:

Regatta Series Races (S): six races, three each day;

Non-Series Races (NS): two races, one each day.

Date	Division	Races	First Warning Signal	Warning Signal
8 June 2019	Hurricanes	S1,S2,S3, & NS4, back to back	10:25 hrs	Code Flag E (echo)
	Dart 18	S1,S2,S3, & NS4, back to back	10:25 hrs	Code Flag E (echo)

9 June 2019	Hurricanes	S5,S6,S7 & NS8 back to back	10:55 hrs	Code Flag E (echo)
	Dart 18	S5,S6,S7 & NS8 back to back	10:55 hrs	Code Flag E (echo)

6. CLASS FLAGS

6.1 The Class flag for both multihull divisions (Hurricanes and Dart 18) will be Code Flag E (Echo).

7. RACING AREAS

7.1 Racing will be 'at sea' in Lyme Bay, South of Pole Sand, East of Dawlish Warren.

To reach the race area Multihulls will sail in close company down the River Exe within the Buoyed Channel out to sea. At the lower reaches it is important that competitors keep Red Channel Buoys 12,10,8,6,4 & 2 to Starboard and 11, 7, 5, 3, 1 to Port on the way out to sea. See Appendix 2 sketch diagram.

Multihulls **shall not** attempt to take a 'short cut' to the sea from the buoyed channel.

After racing at sea, Multihulls should leave Exe Safe Water Mark to Port then follow the channel back up to SYC. Keep Red to Port and Green to Starboard until reaching SYC near Green 29 on the return.

See Appendix 2 for sketch diagram indicating the approximate position of channel buoys and key landmarks. The diagram is not to scale and is not for navigational purposes.

7.2 The Committee Boat for this fleet will fly the Exe SC Burgee to identify itself.

8. THE COURSES

8.1 Appendix 1 to these SIs shows the Courses, the order in which marks are to be passed and the side on which each mark is to be left.

8.2 For the **Regatta Series Races** (S1,2,3,5,6,7) Course A will be used. Boats **shall not** pass between the Committee Vessel and the Outer Distance Mark (ODM) when sailing downwind from Marks 1 to Marks 2.

8.3 Course A - Number of Rounds

Hurricanes: The Committee Vessel will display the number of rounds the Hurricane division is to complete for each race, on a 'Board' on it's starboard side.

Dart 18: The Dart division shall complete **one less round** than the number displayed on the 'Board' on the starboard side of the Committee vessel.

8.4 For the **Non-Series Races** (NS 4 and 8), any of the course options may be used. The course to be sailed will be displayed on a board on the Committee Vessel before the warning signal of the relevant race.

8.5 The compass bearing of the first leg will not be displayed.

9. MARKS

9.1. Mark 1 is an Orange Tetrahedron

Mark 2 is a large Orange Dumpy

Outer Distance Mark is a large Orange Cylinder with a contrast coloured band

Mark 3 is a large Orange Cylinder (no band)

Mark '1a' is a yellow pillar buoy

10. THE START

10.1. The starting line will be between a staff displaying an Orange flag on the Committee Vessel and the course side of the outer distance mark (ODM).

10.2. When an inner limit mark is laid near the Committee Vessel or attached to it, it is a mark that shall be left to starboard when starting.

10.3. A boat starting later than 5 minutes after her starting signal will be scored 'Did Not Start' without a hearing. This changes RRS A4 and A5.

11 MINIMUM WIND STRENGTH

11.1 Races will not be started unless the Race Officer is satisfied that the wind strength over the whole of the course is in excess of an average of four knots.

12 CHANGE OF NEXT LEG OF THE COURSE

12.1 The race committee may move a mark (or the finish line) up to 100m without signalling the change. This changes rule 33, RRS.

12 SHORTENING COURSES

12.1 If Course A is shortened when the Committee Vessel is in its normal position and flying flag S, the leading boat shall proceed to the finish line as set out in the course diagram at Appendix A - **after** rounding Marks 2.

On completing the same number of rounds as the leading boat, all other boats shall proceed to the finish line in the same way.

13. THE FINISH

13.1. The finishing line will be between a staff displaying an Orange Flag on the Committee Vessel and the course side of the outer distance mark (ODM).

13.3. For Course A: Boats at the back of the fleet may be scored using the time at which they last crossed the start/finish line. This changes RRS35, A4 and A5. Boats finished in this way will be advised of the fact by a Patrol RIB and should stop racing thereafter and return directly to the starting area, if further races are to be run that day.

13.4 In addition to the procedure for shortening course in RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her, from a committee vessel (which may be in motion), flag W with one sound signal. A boat so notified is no longer required to sail the course (changing RRS 28.1), shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this Sailing Instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place.

14. PENALTY SYSTEM

14.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

15. TIME LIMITS AND TARGET TIMES

15.1 The Time Limit for the first boat in each division to finish shall be 60 minutes. The target time for the first boat in each division to finish is 40 minutes.

15.2 Boats failing to finish within 20 minutes after the first boat in their division sails the course and finishes, will be scored 'Did Not Finish' without a hearing. This changes RRS 35, A4 and A5.

16. PROTESTS AND REQUESTS FOR REDRESS

16.1 Protest forms may be collected from the race box at SYC

16.2 The protest time limit is 30 minutes after the last multihull has come ashore at SYC. This time limit may be extended by the Race Committee. If this is the case a revised time limit will be displayed in writing on the official notice board.

16.3 Notices will be posted no later than 15 minutes after the expiry of the protest time limit to inform competitors of hearings in which they are parties to, or named as witnesses.

16.4 A competitor's request for reopening a hearing shall be delivered: No later than 15 minutes after the party requesting reopening was informed of the protest committee's decision on that day. This changes RRS 66.

16.5 Hearings will be held in the Committee Room at SYC, as soon as possible after notices are displayed.

17. SCORING

17.1 One race is required to be completed to constitute a series.

17.2 a) When fewer than six races have been completed, a boats series score will be the total of her scores.

b) When six races have been completed a boats series score will be the total of her race scores excluding her worst score.

17.4 To request correction of an alleged error in posted race or series results, a boat may make an enquiry of the Race Committee in writing or in person. If a request for correction is rejected, the time limit for requesting redress, in writing/on a protest form, for the alleged error, shall be 20 minutes and will run from the time that the rejection is advised to the competitor.

17.5 The time limit for making an enquiry about posted results is 09:00 hrs on Sunday 9th June 2019 for races scored on Saturday 8th and 17:30 hrs on Sunday 9th June 2019 for races scored on Sunday 9th.

18. SAFETY REGULATIONS

18.1. Personal Floatation see **SI 1. RULES; 1.4.**

18.2. All competitors (helm and crew) shall Sign Out before going afloat. They shall also Sign In within 30 minutes of landing at SYC after racing. This time may be extended at the discretion of the Race Office due to conditions on the day. The Sign OUT /IN sheets will be located outside SYC near the Notice Board.

18.3 If due to adverse conditions, the fleet needs to be held in the river before passing through the channel markers No 7/8 to SWM and the sea, the fleet will be given instructions by a Patrol RIB. Competitors may be asked to beach their boat on the seafront in an area roughly due north of NO 8 channel Buoy. This is in the vicinity of the RNLI lifeguard tower, and on the town side of the RNLI lifeboat station.

18.5 After racing, if conditions in the entrance to the channel SWM(safe watermark) to Channel Buoys 7&8 are extremely choppy and the RO deems it prudent to increase the ratio of Patrol RIBs to multihulls, competitors will be given instructions and they shall follow them.

18.6 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.

18.7 A boat that retires or does not start shall notify a Patrol RIB or Committee Vessel as soon as possible and shall not return to shore without the permission of the Race Officer or their delegated authority.

18.8 Boats that are not racing or waiting for their start must wait to starboard and leeward of the Committee Vessel.

18.9 If necessary, for safety reasons, boats may be secured and the helm and crew taken aboard a committee vessel, patrol RIB or other designated boat until such time as they/their boat can safely be returned to shore.

18.10 When Code Flag L is displayed on the Committee Boat accompanied by a single sound signal, competitors shall complete their race and proceed to starboard side of the Committee Vessel and follow instructions given. Instructions may be verbal or written on a board.

19. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules, sailing instructions and safety.

20. EVENT ADVERTISING

Boats may be required to display event advertising.

22. OFFICIAL BOATS

All boats assisting with the management or safety of the event will be considered official boats. They will be designated by flags marked 'PATROL'.

23. LITTER DISPOSAL

Litter may be placed aboard official boats.

24. RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

25. PRIZES

25.1 Hurricane Division: First, Second & Third in the series comprising races 1,2,3,5,6,7.

25.2 Dart Division: First in the series comprising races 1,2,3,5,6,7

25.3 Prizes may be awarded for races 4 and 8 at the discretion of the organising authority.

25.4 Prize Giving will take place at Starcross Sailing Club on Sunday 9th June as soon as possible after racing - subject to any hearings having been completed.

26. RISK STATEMENT

Rule 4 of the Racing Rules of Sailing states: "*The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.*"

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;

- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

27. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 or the equivalent.

28. RIGHTS TO USE NAMES & LIKENESSES UNLESS STATED BY PARENT/GUARDIAN ON CONSENT FORM.

Competitors and / or their Guardians automatically grant to the organising Authority (and any party to which they may delegate this right), without payment the right in perpetuity to make, use and show (including via the internet), any motion pictures, still pictures, live, taped or filmed television, or any other form of media, of or relating to the event.

Appendix 1: Course A

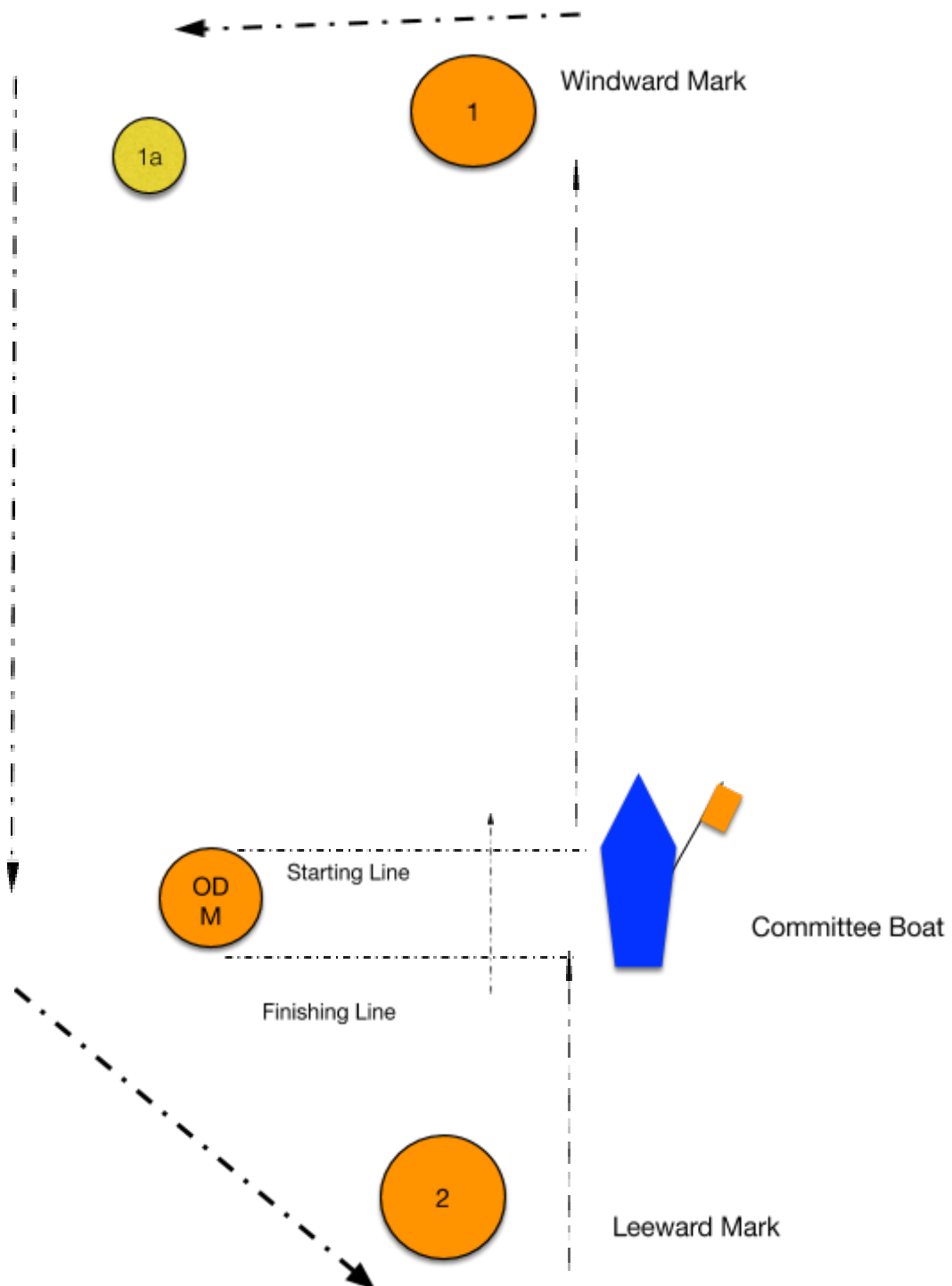
Multihull Course for Series Races: 1,2,3 & 5,6,7

Starting Line: Orange Flag on CV to course side (windward) of the outer distance mark (ODM)

Finishing Line: Orange Flag on CV to course side (leeward) of the outer distance mark (ODM)

Course and mark order description: Start,1P, 1aP, 2P, Start line

(P= Port rounding of the mark)



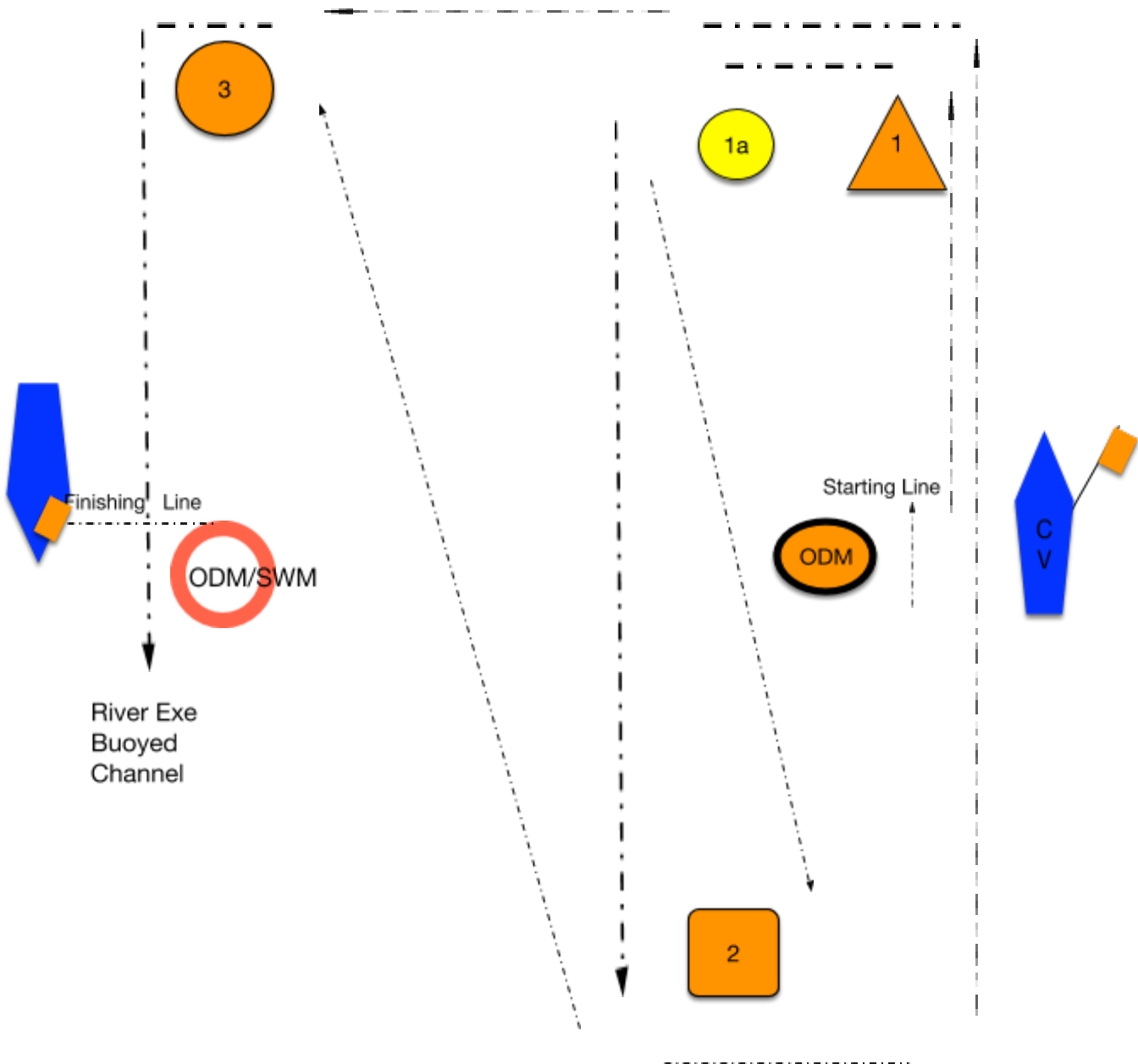
Appendix 1: Course B Multihull Courses - Non Series Races: 4 & 8

Course B: Start, 1P, 3P, Finish Line.

Course C: Start, 1P, 1aP, 2P, 1P, 3P, Finish Line.

Course M: Start, 1P, 1aP, 2S, 3P, Finish Line

Start Line: Staff with Orange Flag on CV to course side of the outer distance mark (ODM)
ODM will be removed after all boats have started. Mark 1a may be laid as a turning mark.
Finishing Line: Orange Flag on CV to course side of the ODM which will be SWM for races 4&8



Appendix 2: Diagram indicating route to sea from SYC (not for navigation)

